

The Living Well Promise

YES

If you say **YES** to the LivingWell Promise, you the planholder, **AGREE** to:

- > Take the HumanaVitality® Health Assessment (HA) between January 1 — May 1, 2014. Visit **Livingwell.ky.gov** to learn more and review a demo of the HA.
- > Keep your contact information (e-mail, phone number and mailing address) current in KHRIS. Or, if you are a retiree, you agree to keep your information updated with your retirement system.

By saying **YES**, you are eligible to select one of two LivingWell plan options for the 2014 plan year:

LivingWell CDHP

LivingWell PPO

Step-by-step instructions to complete the promise are available at kehpn.ky.gov or in your Benefits Selection Guide.

If you elect a LivingWell plan option for 2014 and do not complete the LivingWell Promise, you will only be eligible for the Standard plan options in 2015. Only the planholder must complete the LivingWell Promise. If you have a cross-reference payment option, you and your spouse must complete the HA.

If you are unable to fulfill the LivingWell Promise because of a physical or mental health condition, KEHP will work with you to develop an alternative way to qualify for either LivingWell plan option.

Your privacy is of the upmost importance to KEHP. Your HA answers are confidential and protected under the law. KEHP will not collect, access, or share your HA answers.

NO

If you say **NO** to the LivingWell Promise, you the planholder, are not required to comply with the terms of the LivingWell promise. By saying **NO** you are only eligible for the Standard plan options for the 2014 plan year:

Standard CDHP

Standard PPO

If you elect a Standard plan option in 2014, you are eligible to change your election during the next enrollment period or if you have a qualifying event.

If you choose a LivingWell plan and complete the steps of the LivingWell Promise you can begin to:



- ◆ Access the best benefit plan options
- ◆ Learn about your health status and history
- ◆ Understand your health risks
- ◆ Take action to get and stay healthy